***Instructions:*** *assess your understanding of your role and your ability, readiness and capacity to accept and support change. The information gathered in the Assessment phase will be used in developing the Change Management Plan.*

Are you part of a change initiative?

Why do you think your organization is making a change?

Are you in favor of the change? Why or why not?

How do you think this change will impact you?

What change management training have you received?

Do you have the skills and knowledge to help implement this change?

How can the leadership at your organization or your sponsor support you?

Have you communicated your concerns or requests for support? What process do you use?